

# DECEMBER 2023

Mon	Tue	Wed	Thu	Fri
				<b>1 Teriyaki Glazed Salmon</b> Brown Rice & Stir Fry Vegetables 
<b>4 Marinated Flank Steak</b> Broccoli & Penne Pasta 	<b>7 Stuffed Peppers</b> Sweet Potato & Vegetable Medley 	<b>6 Southwest Chicken Wrap</b> Vegetable & TexMex Rice 	<b>7 Veteran Appreciation Luncheon</b>  Entertainment & Dine-In Lunch, only. Special Catered Meal. See office to register.	<b>8 Steak Quesadilla</b> Refried Beans & Spanish Rice 
<b>11 Spinach Ricotta Stuffed Shells</b> Broccoli & Penne Pasta 	<b>12 Chicken Pot Pie</b> Veggies and Mac & Cheese 	<b>13 Cilantro Lime Steak</b> Quinoa & Vegetables 	<b>14 Apricot Glazed Turkey</b> Asparagus & Lyonnaise Potatoes 	<b>15 Walnut Crusted Chicken</b> Edamame & Brown Rice 
<b>18 Swedish Meatballs</b> Fettuccini & Sauteed Spinach 	<b>19 Carne Asada Burrito</b> Roasted Potatoes & Stir Fry Peppers 	<b>20 Honey Garlic Chicken</b> Green Beans & Brown Rice 	<b>21 Turkey Monte Cristo</b> Potato Salad & Apricots 	<b>22 Spinach Ricotta Dumplings</b> Pesto Penne Pasta & Broccoli 
<b>25 Buildings Closed</b> 	<b>26 Chicken Marsala</b> Rice & Green Beans 	<b>27 Beef Roast</b> Roasted Potatoes & Vegetable Mix 	<b>28 Stuffed Chicken Breast</b> Vegetable & Butternut Squash 	<b>29 Meatloaf</b> Mashed Potato & Cabbage 

## Stickney Township Office on Aging

Thank you for participating in Stickney Township's meal program! Lunch reservations and/or cancellations must be made the day before, by 11:00 a.m. Suggested Donation: \$2.00 per meal

North Stickney Senior Center 6721 W. 40th St.  
 LSV Senior Center 7745 S. Leamington

Stickney  
 Burbank

708-788-9100  
 708-636-8850

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